

# Solutions for Kids in Pain (SKIP)

National Knowledge Mobilization Network



**Solutions for Kids in Pain (SKIP)** is a national knowledge mobilization network on a mission to improve children's pain management through coordination and collaboration with patients, caregivers, health professionals, and decisionmakers. On behalf of SKIP's Scientific Director (Dr. Christine Chambers, PhD RPsych), SKIP's Associate Scientific Director (Dr. Katie Birnie, PhD RPsych), and the national SKIP team, we wanted to share updates and celebrations marking the end of SKIP's first chapter as a Network of Centre of Excellence (2019-2024) and its beginning as a Dalhousie University Centre. Three recent highlights include:

- Receiving the Canadian Pain Society's 2024 Pain Awareness Award for our Health Canada funded project, "Youth in Pain: Solutions for effective opioid use". In total 36 new tools and resources were created, 38 learning opportunities occurred, and the project reached over 206,000 knowledge users to-date! [Learn more about the project](#) and [access all the tools and resources](#).
- The entire SKIP Network being honoured with Children's Healthcare Canada's inaugural Child Health Systems Impact Award for outstanding leadership, innovation, and impact within our industry, as well as a commitment to improving healthcare outcomes for young patients and their families. [Check out SKIP's award video](#)
- Convening approximately 60 individuals from across Canada in Halifax, Nova Scotia, for a multi-day strategy meeting to collaboratively "Shape the Future of SKIP". A key focus of the meeting was to build a roadmap for implementation of the world's first national Pediatric Pain Management health standard ([CAN/HSO 13200:2023](#)). This standard, released in April 2023 and downloaded >2,100 times to-date, provides critical guidance for organizational leaders and health professionals to ensure that children do not experience preventable pain and that they receive quality, equitable pain care. Be sure to download a copy of the standard for free from the Health Standards Organization's e-store (in [English](#) or [French](#)).

**SKIP looks forward to continuing its momentum and impact in the months and years ahead.** To stay 'In the Loop' about SKIP's upcoming activities and how you can be involved (e.g. would you like to help co-develop an implementation guide for the Pediatric Pain Management health standard?) you can [sign up for SKIP's newsletter](#), [visit their website](#), or follow them on social media ([@kidsinpain](#)).

## The Child Health Systems Impact Award

Solutions for Kids in Pain

